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basic education

Department:
Basic Education
REPUBLIC OF SOUTH AFRICA

NATIONAL SENIOR CERTIFICATE

GRADE 12

LIFE ORIENTATION

COMMON ASSESSMENT TASK (SUPPLEMENTARY)

10 OCTOBER 2017

MARKS: 80

TIME: 2 hours

LIFE ORIENTATION
1062E



10620E

X01



M

This question paper consists of 9 pages.



INSTRUCTIONS AND INFORMATION

1. This question paper consists of three sections, namely SECTION A, SECTION B and SECTION C.
2. The questions in SECTION A and SECTION B are COMPULSORY.
3. Answer any TWO questions in SECTION C.
4. Read ALL the questions carefully.
5. Number the answers correctly according to the numbering system used in this question paper.
6. Write neatly and legibly.

SECTION A (COMPULSORY)

Answer ALL the questions in this section.

QUESTION 1

- 1.1 Various options are provided as possible answers to the following questions. Choose the answer and write only the letter (A–D) next to the question number (1.1.1–1.1.5) in the ANSWER BOOK, for example 1.1.6 D.

1.1.1 A dispute resolution skill that is used to assist two parties to reach an agreement is called ...

- A cooperation.
- B mediation.
- C collaboration.
- D compromise.

1.1.2 A Grade 12 school leaver can counter unemployment with informal jobs, ...

- A volunteerism and internships.
- B entrepreneurship and scholarships.
- C learnerships and internships.
- D entrepreneurship and volunteerism.

1.1.3 If you are asked to 'analyse' how work gives meaning to life, you would ...

- A illustrate the value and purpose of work in your life.
- B judge how work allows you to use your abilities.
- C investigate how work helps you to live a happy life.
- D describe how work helps you to grow and develop.

1.1.4 Low-impact exercises could include ...

- A bouncing, running and cardio-kickboxing.
- B walking, seated workouts and dancing.
- C cycling, walking and rope skipping.
- D running, seated workouts and bouncing.

1.1.5 A community can help to reduce drug abuse problems by ...

- A creating forums to help drug addicts and families.
- B creating and changing laws about health and safety.
- C arresting and prosecuting drug dealers in the community.
- D arranging for the rehabilitation of drug addicts in the workplace.

(5 x 1) (5)



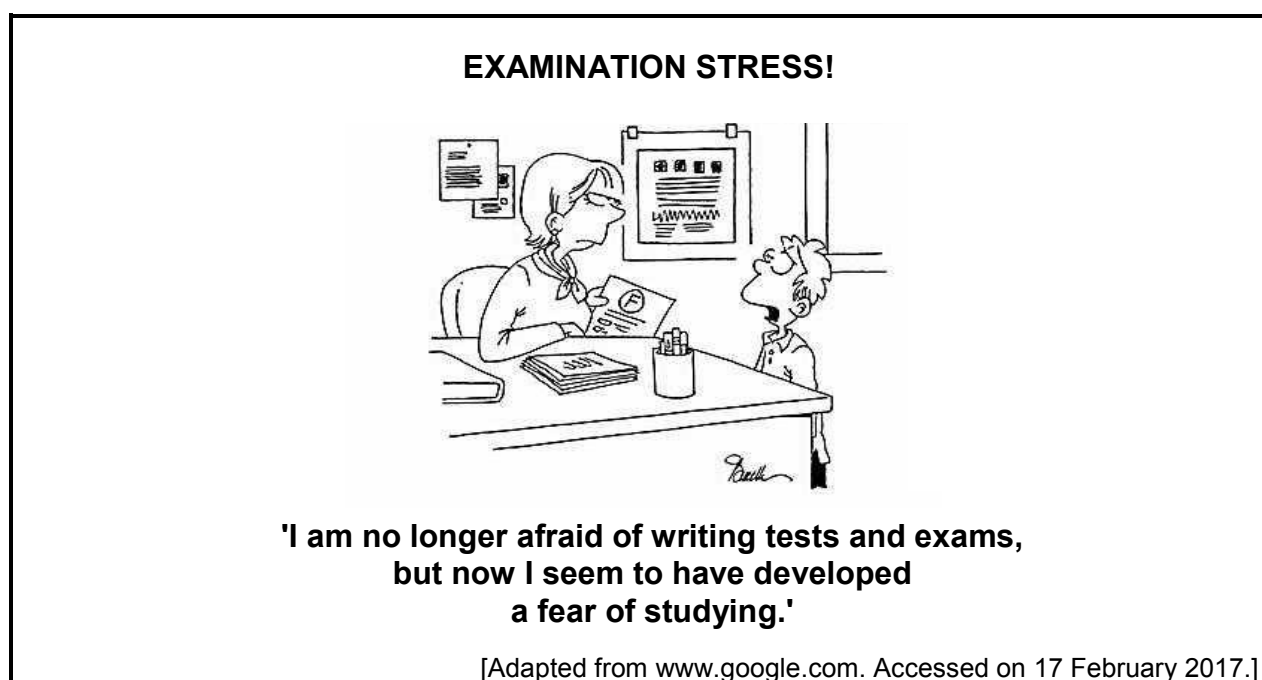
- 1.2 Give ONE word/term for each of the following descriptions. Write only the word/term next to the question number (1.2.1–1.2.5) in the ANSWER BOOK.
- 1.2.1 A worldwide multisport event involving athletes with a range of physical challenges
- 1.2.2 A condensed version of the core content of a subject containing bulleted notes, mind maps or tables
- 1.2.3 The ability to show that you understand the feelings of others and that you have sympathy and compassion for them
- 1.2.4 A teacher's daily observation and monitoring of learners' progress in order to provide feedback
- 1.2.5 A person who campaigns to bring about social, political and environmental change in society (5 x 1) (5)
- 1.3 Answer the following questions by writing the answer next to the question number (1.3.1–1.3.4) in the ANSWER BOOK. Write your answers in FULL SENTENCES.
- 1.3.1 Discuss the importance of cooling-down exercises after physical activity. (1 x 2) (2)
- 1.3.2 How can investigative journalism contribute to a democratic society? (1 x 2) (2)
- 1.3.3 Distinguish between *study strategies* and *study skills*. (2 + 2) (4)
- 1.3.4 Explain ONE mental benefit of participating in physical activities. (1 x 2) (2)
- TOTAL SECTION A: 20**

SECTION B (COMPULSORY)

Answer ALL the questions in this section. Write your answers in FULL SENTENCES.

QUESTION 2

Study the cartoon below and answer the questions that follow.



- 2.1 Define the term *stress* and give TWO possible reasons why the boy in the cartoon suffered from examination stress. (1 + 2) (3)
- 2.2 Discuss ONE physical symptom of stress that may have a negative impact on studying. (1 x 2) (2)
- 2.3 Explain how a personal mission statement may help you to achieve your study goals. (1 x 2) (2)
- 2.4 Evaluate how the following may reduce examination stress:
- Revision
 - Relaxation
- (2 + 2) (4)
- 2.5 Propose TWO practical solutions that a learner can use to resolve conflict with his/her parents about poor school performance. (2 x 2) (4)
- [15]**

QUESTION 3

Read the extract below and answer the questions that follow.

LEADING CAUSES OF DEATHS IN SOUTH AFRICA

According to a recent report by the Department of Health, deaths among young adults were caused mainly by hypertension and infections. As a result of this report, some communities have started community projects to prevent deaths caused by lifestyle diseases.

[Adapted from www.statssa.gov.za. Accessed on 16 March 2017.]

- | | | | |
|-----|--------------------------------------------------------------------------------------------------------------------------------|---------|-------------|
| 3.1 | Define <i>hypertension</i> and explain ONE lifestyle choice that may lead to it. | (1 + 2) | (3) |
| 3.2 | Discuss ONE possible reason why people make unhealthy lifestyle choices that may lead to hypertension. | (1 x 2) | (2) |
| 3.3 | Give ONE guideline on how project leaders may evaluate the effectiveness of community projects to decrease lifestyle diseases. | (1 x 2) | (2) |
| 3.4 | Explain TWO reasons why some patients do not complete the treatment of their lifestyle diseases. | (2 x 2) | (4) |
| 3.5 | Analyse TWO benefits of social support for a person living with a lifestyle disease. | (2 x 2) | (4) |
| | | | [15] |

TOTAL SECTION B: 30

SECTION C

Answer any TWO questions in this section.

Your responses must be in the form of TWO SHORT ESSAYS. Marks will only be allocated to responses written in FULL SENTENCES.

QUESTION 4

Read the extract below and answer the question that follows.

MY LIFE ... MY CHOICE ...

It is both frightening and exciting to realise that you are responsible for what happens next in your life. A personal lifestyle plan is a vehicle to your future destination.

[Adapted from <http://www.medium.org/personal-growth>. Accessed on 21 May 2017.]

Write a short essay on a personal lifestyle plan.

Use the following as a guideline:

- Define the term *personal lifestyle plan* and explain the value of such a plan.
- State THREE aspects to consider when developing a personal lifestyle plan.
- Discuss THREE ways in which a personal lifestyle plan could assist you to contribute towards a safer society.

[15]

QUESTION 5

Read the extract below and answer the question that follows.

HUMAN RIGHTS VIOLATIONS IN SOUTH AFRICA

They broke into our house, beat my husband with sticks and took everything!

[Adapted from www.theguardian.com. Accessed on 6 April 2017.]

Write a short essay on human rights violations.

Use the following as a guideline:

- Define *human rights violations* and explain the human right that has been violated in the extract above.
- Discuss THREE ways in which the community could help the victims in the extract above to deal with human rights violations.
- Discuss THREE strategies that the South African government can implement to solve the on-going problem of human rights violations in our country.

[15]

QUESTION 6

Read the extract below and answer the question that follows.

JOB RECRUITMENT IN SOUTH AFRICA

Sooner or later you will be exposed to the recruitment processes that all job seekers go through before a position in a company is offered to you.

[Source: Google]

Write a short essay on the recruitment process.

Use the following as a guideline:

- Define the term *recruitment process* and explain the importance of such a process.
- Name and describe THREE actions which will ensure that your job application is accepted.
- State ONE way in which EACH of the following labour acts creates a fair working environment:
 - The Labour Relations Act (LRA), 1995 (Act 66 of 1995)
 - The Employment Equity Act (EEA), 1998 (Act 55 of 1998)
 - The Basic Conditions of Employment Act (BCEA), 1997 (Act 75 of 1997)

[15]

TOTAL SECTION C: 30
GRAND TOTAL: 80

