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# basic education

Department:  
Basic Education  
**REPUBLIC OF SOUTH AFRICA**

## **NATIONAL SENIOR CERTIFICATE**

**GRADE 12**

**DANCE STUDIES**

**FEBRUARY/MARCH 2013**

**MARKS: 150**

**TIME: 3 hours**

**This question paper consists of 10 pages.**

**INSTRUCTIONS AND INFORMATION**

1. There are 15 questions in this question paper. You have to answer ALL the questions.
2. This question paper consists of THREE sections:  
  
SECTION A: Dance History and Theory  
SECTION B: Music Theory  
SECTION C: Anatomy and Health Care
3. Read through the whole question paper carefully before you start answering it.
4. Number the answers correctly according to the numbering system used in this question paper.
5. Start EACH section on a NEW page.
6. Marks are allocated according to the quality of your answer. Answer in full sentences where required. One-word answers will not be awarded full marks when detailed descriptions are required.
7. Make sure you have answered ALL the questions and have not left any answers out.
8. Write neatly and legibly.

**SECTION A: DANCE HISTORY AND THEORY****QUESTION 1**

- 1.1 Name and explain in detail the jobs of THREE production professionals who are responsible for a dance performance in a theatre. (6)
- 1.2 Explain in detail the training/qualifications and the experience needed for each of the careers you have mentioned in QUESTION 1.1. (3)
- [9]**

**QUESTION 2**

Define the elements *space*, *time* and *force* as they are used in dance. Give ONE example of each element explaining how they could be used. **[6]**

**QUESTION 3**

Write a review of 1 to 2 pages (minimum 250 words) for your school magazine on ONE of the prescribed dance works listed below that you have studied this year. Do not use bullets in your answer.

Include the following information in your review:

- Title: Name the choreographer and dance work you are writing about and give the review a catchy title.
- Synopsis/Intent/Theme/Structure: An overview of the work.
- Production elements: The use of production elements – how they contributed to this dance work.
- Movement vocabulary: Describe in detail the movement vocabulary used in this dance work and how it enhanced the theme/intent. Give specific examples from the dance work.
- Conclusion: Your well-supported opinion of the dance work. **[20]**

<b>PRESCRIBED INTERNATIONAL DANCE WORKS</b>	<b>PRESCRIBED SOUTH AFRICAN DANCE WORKS</b>
<i>Revelations</i>	<i>Last Dance (Bolero)</i>
<i>Ghost Dances OR Rooster</i>	<i>Imagenes</i>
<i>Apollo OR Agon</i>	<i>Bessie's Head</i>
<i>Swan Lake</i>	<i>Blood Wedding</i>
<i>Appalachian Spring OR Lamentation</i>	<i>Flamenco de Africa</i>
<i>Esplanade</i>	<i>Tranceformations</i>
<i>Le Sacre du Printemps</i>	<i>Orpheus in the Underworld</i>
<i>Mar de Tierra</i>	<i>Gula Matari</i>
<i>Carmen OR Blood Wedding</i>	

<b>PRESCRIBED INTERNATIONAL CHOREOGRAPHERS</b>	<b>PRESCRIBED SOUTH AFRICAN CHOREOGRAPHERS</b>
Alvin Ailey	Alfred Hinkel
Christopher Bruce	Carolyn Holden
George Balanchine	Gary Gordon
Marius Petipa and Lev Ivanov	Hazel Acosta
Martha Graham	Mavis Becker
Paul Taylor	Sylvia Glasser
Vaslav Nijinsky	Veronica Paeper
Joaquin Ruiz	Vincent Mantsoe
Antonio Gadez	

**QUESTION 4**

Select ONE of the choreographers from the prescribed list above. Prepare a speech for your dance class and include the following information:

- Introduction of your selected choreographer
- The choreographer's country of birth
- Details of the choreographer's professional career
- Artistic influences, collaborative influences and socio-political influences during the choreographer's career
- Dance style
- Conclude your speech by outlining the main contributions this choreographer has made to dance and name the awards he/she has received.

**[20]****QUESTION 5**

You have studied one South African indigenous ceremonial dance at school this year.

Give the following information.

- 5.1 Give the name of the dance and its origin. (1)
- 5.2 Give a detailed explanation of the purpose of the dance and who the participants would be. (5)
- 5.3 Describe the music/accompaniment/sounds used in this dance. (3)
- 5.4 Name and clearly explain THREE ritual elements that can be identified in this dance and the symbolism used in the dance if applicable. (3)
- 5.5 Give FOUR clear reasons why you think we study dances from another culture. (3)

**[15]****TOTAL SECTION A: 70**

**SECTION B: MUSIC THEORY****QUESTION 6**

6.1 Draw ONE musical note representing the following:

6.1.1 2 counts (1)

6.1.2 1 count (1)

6.2 Give the missing time signatures below.

6.2.1



(1)

6.2.2



(1)  
[4]

**QUESTION 7**

Choose a word from COLUMN B that matches an item in COLUMN A. Write only the letter (A–E) next to the question number (7.1–7.5) in the ANSWER BOOK, for example 7.6 F.

COLUMN A		COLUMN B	
7.1	Aerophone	A	polyrhythm
7.2	Idiophone	B	syncopation
7.3	Jazz music	C	harp
7.4	African music	D	clarinet
7.5	Chordophones	E	rattles

[5]

**QUESTION 8**

Define the THREE musical elements listed below and explain how the use of each element could enhance your own dance performance.

- Dynamics
- Tempo
- Timbre

[6]

**QUESTION 9**

Write a paragraph giving information on the music of any ONE of the prescribed dance works you have studied (pages 3).

Include the following details:

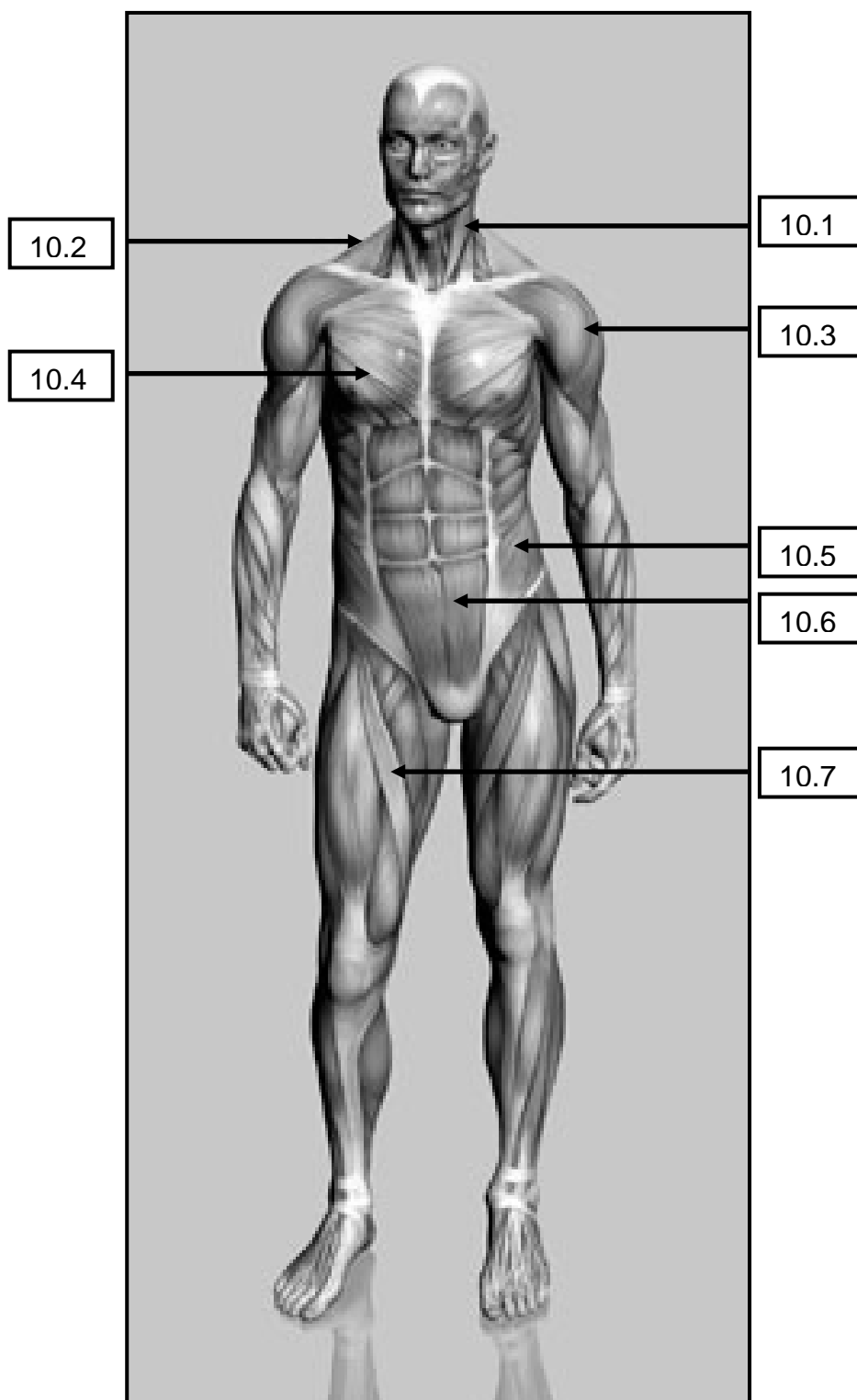
- Name of the dance work and the choreographer on which you are writing
- Music composer/Artist
- Style of music/Accompaniment/Instruments used
- The relationship of the music to the theme/intent of the dance work **[5]**

**TOTAL SECTION B: 20**

**SECTION C: ANATOMY AND HEALTH CARE****QUESTION 10**

Label ALL the muscles (10.1–10.7) listed below and name ONE main anatomical action/movement for each muscle and which part of the body it moves.

Answer in full, for example Hamstring – flexion of the knee.

**[14]**



**QUESTION 11**

Answer the following questions on components of fitness.

Various options are provided as possible answers to the following questions. Choose the answer and write only the letter (A–D) next to the question number (11.1–11.6) in the ANSWER BOOK, for example 11.7 B.

11.1 Flexibility is best described as ...

- A the ability to exert force.
- B the ability of a muscle to work over a period of time.
- C the range of movement possible in a joint.
- D the level of your dance ability. (1)

11.2 The ability to do strength performances at a rapid pace is called ...

- A agility.
- B power.
- C reaction time.
- D speed. (1)

11.3 The integration of eye, hand and foot movements is called ...

- A coordination.
- B agility.
- C balance.
- D reaction time. (1)

11.4 The ability to change direction quickly and control movement of the whole body is called ...

- A balance.
- B agility.
- C flexibility.
- D power. (1)

11.5 The ability to use skeletal muscles for a long period of time without tiring is called ...

- A muscular strength.
- B power.
- C reaction time.
- D muscular endurance. (1)

11.6 The ability to maintain good posture while moving through space is called ...

- A flexibility.
- B core stability.
- C agility.
- D fluidity. (1)

**[6]**

**QUESTION 12**

- 12.1 Explain FOUR reasons why a good warm-up is an important part of a dance class. (4)
- 12.2 Explain THREE reasons why relaxation is important for good health. (3)
- 12.3 Explain THREE ways in which the correct or incorrect posture can affect your dancing. (3)
- [10]**

**QUESTION 13**

Choose ONE of the fitness components below and answer the questions that follow. Name the component you have chosen.

- ENDURANCE/STAMINA
- FLEXIBILITY
- STRENGTH

- 13.1 Give a definition of the component you have chosen. (1)
- 13.2 Explain THREE benefits to a dancer to develop this component. (3)
- 13.3 Give THREE clear examples of how you could develop this component in the dance class. (3)
- 13.4 Clearly describe TWO exercises you could do to develop this component. (4)
- [11]**

**QUESTION 14**

Cindy pulled a ligament in her knee during rehearsals a day before her dance performance. She plans to dance with the injury.

- 14.1 Advise Cindy about TWO of the dangers of dancing with an injury. (2)
- 14.2 Give Cindy advice on the *immediate* treatment, to prevent further injury. (4)
- 14.3 Give Cindy advice on *continuous and alternative* ways of exercising until she has fully recovered. (4)
- [10]**

**QUESTION 15**

A dancer's body is subjected to physical stresses every day, which can lead to injury. Elaborate in detail on the contributing factors below.

- Overuse or excessive training
- Poor technique
- Physical limitations

**[9]**

**TOTAL SECTION C: 60**  
**GRAND TOTAL: 150**