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Department:
Basic Education
REPUBLIC OF SOUTH AFRICA

SENIOR CERTIFICATE EXAMINATIONS/ NATIONAL SENIOR CERTIFICATE EXAMINATIONS

DANCE STUDIES

2022

MARKS: 150

TIME: 3 hours



This question paper consists of 12 pages.

INSTRUCTIONS AND INFORMATION

1. This question paper consists of TWO sections with EIGHT questions in total.
2. SECTION A: SAFE DANCE PRACTICE AND HEALTH CARE (60 marks)
 - Answer ALL FOUR questions in this section.
 - You have a choice between QUESTION 2.3 and QUESTION 2.4. If you answer both questions, only the FIRST answer will be marked.SECTION B: DANCE HISTORY AND LITERACY (90 marks)
 - Answer ALL FOUR questions in this section.
 - You have a choice between QUESTION 5.2 and QUESTION 5.3. If you answer both questions, only the FIRST answer will be marked.
3. Number the answers correctly according to the numbering system used in this question paper.
4. Read each question carefully and take note of what is required.
5. Read the ACTION VERB at the start of each question to see what is required.

EXAMPLES OF ACTION VERBS USED IN THE QUESTIONS:

LOW-LEVEL QUESTIONS: choose, find, name, match, define, true or false

MEDIUM-LEVEL QUESTIONS: describe, explain, elaborate

HIGH-LEVEL QUESTIONS: analyse, evaluate, argue, give opinion

6. You may do rough planning in the ANSWER BOOK. Draw a line through any work that should NOT be marked.
7. You will be assessed on your ability to:
 - Write in one language only
 - Organise and communicate information clearly
 - Use the specific format asked for in certain questions
 - Use specialist dance terminology, where appropriate
8. Write neatly and legibly.



SECTION A: SAFE DANCE PRACTICE AND HEALTH CARE**QUESTION 1: INJURIES**

- 1.1 Choose a description from COLUMN B that matches the question in COLUMN A. Write only the letter (A–D) next to the question numbers (1.1.1 to 1.1.5) in the ANSWER BOOK, e.g. 1.1.6 F.

COLUMN A		COLUMN B	
1.1.1	Why should dancers cool down at the end of a class?	A	to prevent friction
1.1.2	Why is synovial fluid released into the joints?	B	to raise the body temperature
1.1.3	Why should dancers warm up at the beginning of a class?	C	to prevent blood pooling in the limbs
1.1.4	Why should waste products such as lactic acid be removed from the muscles?	D	to increase the elasticity of the muscles
1.1.5	Why should the heart rate be increased?	E	to prevent cramps and stiffness

(5 x 1) (5)

- 1.2 Explain how EACH of the letters in RICE could assist in the immediate treatment of an injury. (4)
- 1.3 Name any TWO alternative/other treatments that could be used for an injury. (2)
- 1.4 Marsha has a poor dance posture.
Explain to Marsha how she could improve her posture during dance classes. (4)

[15]

QUESTION 2: COMPONENTS OF FITNESS

2.1 Explain why the following statements are INCORRECT:

2.1.1 Static stretching should not be done at the end of a dance class. (1)

2.1.2 Underdeveloped components of fitness will not affect your performance quality. (1)

2.1.3 Stress and tension do not have an effect on a dancer's flexibility. (1)

2.1.4 Core stability is not important for good technique. (1)

2.2 Study the image below and answer the following questions.

2.2.1 Name any TWO components of fitness being used in the image. (2)

2.2.2 Explain how these TWO components of fitness are being used.
(You may refer to dancer A or dancer B or both dancers in your answer.)



[Source: <https://arrowrootmedia.com/project/daniel-gwartzman-dance/>] (2)



NOTE: You have a choice between QUESTION 2.3 and QUESTION 2.4.
Answer only ONE of these questions.

2.3 Create an informative poster. You must use a full page (A4).

Your poster should highlight the benefits of components of fitness in the dance class. Choose any THREE components to focus on.

Marks will be awarded for:

- Well-explained information on the benefits of these THREE components of fitness AND/OR using visuals to communicate your ideas (9)
- Creative layout and presentation (3)

OR

2.4 Create an informative poster. You must use a full page (A4).

Your poster should highlight how to develop components of fitness in the dance class. Choose any THREE components to focus on.

Marks will be awarded for:

- Well-explained information on how to develop these THREE components of fitness AND/OR using visuals to communicate your ideas (9)
 - Creative layout and presentation (3)
- [20]**

QUESTION 3: GENERAL HEALTH CARE

- 3.1 Explain how good eating habits could positively affect a dancer's body. (3)
- 3.2 Why is hydration important to a dancer? (3)
- 3.3 Evaluate the benefits of dance for mental and emotional wellbeing. (4)
- [10]**



QUESTION 4: DANCE PERFORMANCE

- 4.1 Name your dance major.
Give a description of THREE principles that are unique to your dance major. (3)
- 4.2 Explain TWO safe dance techniques used in your dance major. (2)
- 4.3 Study the image below. Evaluate the dancers' performance skills. What message are the dancers conveying? Substantiate your answer with examples from the image.



[Source: <https://seattlegayscene.com/2018/04crystal-pites-emergence-examines-hive-intelligence-in-pubs-spring-program/>]

- 4.4 Write a journal entry reflecting on the following:
- The dance challenges you faced at school during the Covid-19 pandemic
 - How you have taken responsibility to ensure the progress and development of your dance technique and performance
- (6)
[15]

TOTAL SECTION A: 60



SECTION B: DANCE HISTORY AND LITERACY**QUESTION 5: IMPROVISATION AND CHOREOGRAPHY**

- 5.1 Choose THREE terms provided in the list below for EACH of the following. Write only the word(s) next to the question numbers (5.1.1 to 5.1.3) in the ANSWER BOOK.

syncopation; symmetry; weight; canon; pace; contact improvisation; contrast; dynamics; pattern

- 5.1.1 Space (3)
- 5.1.2 Time (3)
- 5.1.3 Force (3)

NOTE: You have a choice between QUESTION 5.2 and QUESTION 5.3. Answer only ONE of these questions.

5.2 IMPROVISATION

How could improvisation be used to develop movement vocabulary for a choreography? Explain your answer. (6)

OR

5.3 MUSIC AND/OR ACCOMPANIMENT

Explain possible reasons for selecting music and/or accompaniment for a choreography. (6)



- 5.4 You want to enter a choreography competition where you would use the site-specific space in the image below.

Plan how you would use the space to bring your idea to life.

CHOREOGRAPHY COMPETITION



CASH PRIZE
R10 000

Closing date for entries:
31 July 2022

Find out more at:
www.sitespecificchallenge.com

[Source: <http://www.reddit.com>]

(10)

[25]



QUESTION 6: DANCE LITERACY

6.1 Analyse the images below and answer the following questions.

6.1.1 Name any FOUR dance genres seen in the images marked **A** to **F**. (4)

6.1.2 Explain what makes the FOUR genres named in QUESTION 6.1.1 recognisable. (4 x 2) (8)

A  [Source: https://64.media.tumblr.com]	B  [Source: www.jennajamz.com]	C  [Source: https://za.pinterest.com/pin/250794272968723568/]
D  [Source: https://za.pinterest.com]	E  [Source: https://www.masterfile.com]	F  [Source: https://static01.nyt.com/images/2013/11/21/arts]

6.2 6.2.1 Name any THREE functions of dance. (3)

6.2.2 Explain how these THREE functions are used in society. (3 x 2) (6)

6.3 Evaluate how dance is used as a symbolic language in ONE of the following:

6.3.1 Theatre/Concert dance

OR

6.3.2 Social/Cultural dance

(4)
[25]



PRESCRIBED CHOREOGRAPHERS AND DANCE WORKS FOR QUESTION 7 AND QUESTION 8.

INTERNATIONAL CHOREOGRAPHERS	DANCE WORKS
Alvin Ailey	<i>Revelations</i>
Martha Graham	<i>Lamentations</i> OR <i>Errand into the Maze</i>
George Balanchine	<i>Apollo</i> OR <i>Jewels</i>
Christopher Bruce	<i>Ghost Dances</i> OR <i>Rooster</i>
Matthew Bourne	<i>Swan Lake</i> OR <i>Cinderella</i>
Pina Bausch	<i>The Rite of Spring</i>
William Forsythe	<i>In the Middle, Somewhat Elevated</i>
Mats Ek	<i>Giselle</i> OR <i>Swan Lake</i> OR <i>Carmen</i>
Rudi van Dantzig	<i>Four Last Songs</i>
Jiří Kylián	<i>Wings of Wax</i> OR <i>Stamping Ground</i>

SOUTH AFRICAN CHOREOGRAPHERS	DANCE WORKS
Alfred Hinkel	<i>Bolero – Last Dance</i> OR <i>Rain in a Dead Man's Footprint</i> OR <i>Cargo</i>
Gregory Maqoma	<i>Four Seasons</i> OR <i>Beauty Trilogy</i> OR <i>Skeleton Dry</i> OR <i>Somehow Delightful</i>
Sylvia Glasser	<i>Tranceformations</i>
Veronica Paeper	<i>Orpheus in the Underworld</i> OR <i>Carmen</i>
Vincent Mantsoe	<i>Gula Matari</i>
Dada Masilo	<i>Swan Lake</i> OR <i>Romeo and Juliet</i>
Gary Gordon	<i>Bessie's Head</i>
Mavis Becker	<i>Flamenco de Africa</i>
Hazel Acosta	<i>Blood Wedding</i>
Carolyn Holden	<i>Imagenes</i>



QUESTION 7: DANCE WORK

Choose ONE dance work that you have studied in class from the list on page 10.

Write a review for a dance magazine about this dance work which will be performed in your area. Use the template below as a guide for your review.

Marks will be awarded for:

- Format – title, introduction and conclusion
- Information

(3)
(22)

TITLE
Introduction to the review
Outline the inspiration/synopsis of the dance work
Memorable choreographic moments/movement vocabulary/use of production elements in the dance work
Conclusion

QUESTION 7: RUBRIC FOR PLANNING

HIGH LEVEL 18–25	• Creatively presented review • Well written/good use of language/use of dance terminology • Logical flow of information • Relevant/Interesting and factual information on the dance work
MEDIUM LEVEL 8–17	• Presented as a review • Well written • Most areas have been included • Factual information on the dance work
LOW LEVEL 0–7	• Minimal/No attempt at answering in review format • Poorly written • Very few areas have been included • Minimal/No factual information on the dance work

[25]



QUESTION 8: CHOREOGRAPHER

Choose ONE choreographer that you have studied from the prescribed list on page 10.

Name the choreographer you have chosen.

Respond to the following interview questions for the podcast, 'Dance Artist Spotlight', as if you were the choreographer.

Good morning, we are so privileged and honoured to have you in the studio with us. Thank you for taking some time out of your busy schedule to share a bit about your life and work as a choreographer.

- 8.1 So, to get us warmed up (excuse the lack of good dance puns), can you tell our listeners a little bit about your background?
- 8.2 We can't wait to hear about your dance career.
- 8.3 Many artists consider their work to be greatly influenced by their life experiences. Who or what influenced you artistically?
- 8.4 Wow, we have really learnt so much in the short space of time that you've been in the studio with us. To finish off, could you tell us how you would like to be remembered in terms of your contribution to the dance industry?

Thank you so much for joining me this morning. It's been absolutely wonderful to learn more about dance and the work you do within the industry.

QUESTION 8: RUBRIC FOR PLANNING

HIGH LEVEL 12–15	- Well written/Appropriate responses/use of dance terminology - Logical flow of information - Relevant/Interesting and factual information on the choreographer
MEDIUM LEVEL 6–11	- Well written - Most areas have been included - Factual information on the choreographer
LOW LEVEL 0–5	- Poorly written - Very few areas have been included - Minimal/No factual information on the choreographer

[15]

TOTAL SECTION B: 90
GRAND TOTAL: 150

